

What will I learn?



Childbirth Classes



101 East Ridge Road
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956-661-3386

for more information
call (956) 661-3386

Childbirth Classes

All of our classes are taught by Certified Childbirth Educators and Lactation Consultants who are eager to help you for childbirth here at Rio Grande Regional Hospital.

Dates

January 23	July 10
February 20	August 21
March 20	September 18
April 17	October 16
May 15	November 13
June 12	December 11

What do I need to bring to the hospital?

Please come dressed in comfortable clothing. We provide you with handouts and materials to keep. We also provide snacks and beverages in the morning.

How can I register?

Call 661-3386 to register, Monday through Friday 8:00am to 4:00pm or call 632-6299 anytime.

How much are the classes?

Our classes are **FREE!**

When are the classes?

The Childbirth classes are:
9:00am-1:00pm
Breastfeeding classes are:
2:00pm-4:00pm

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